

South Dakota

K-12 Physical Education Standards

Old Standard 1: Students will develop competency in all fundamental movement skills and proficiency in some movement forms.

New Standard 1: The physically literate individual demonstrates proficiency in a variety of motor skills and movement patterns.

Old Standard 2: Students will analyze scientific concepts and principles to understand, evaluate, and enhance movement skill acquisition and performance.

New Standard 2: The physically literate individual applies knowledge of concepts, principles, strategies and tactics to enhance movement and performance.

Old Standard 3: Students will participate in physical activity to achieve and maintain a health-enhancing level of physical fitness.

New Standard 3: The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.

Old Standard 4: Students will develop responsible and respectful personal and social behavior in physical activity settings.

New Standard 4: The physically literate individual exhibits responsible personal and social behavior that respects self, others and environment.

Old Standard 5: Students will understand that physical activity provides opportunities for enjoyment, challenge, self-expression, social interaction, and employment.

New Standard 5: The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression, employment opportunities, and social interaction.