

CANS Bulletin

December 2018



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The Grapevine—A Note From Cheriee

The calendar year is winding down quickly as we say good bye to autumn and welcome winter. Each year about this time, the USDA hosts a State Agency conference in Washington D.C. This year's focus was on School Nutrition Programs. This conference is one of our main opportunities to reach out to the USDA Food and Nutrition Service (FNS) national office staff and our counterparts in other states to share concerns, resources, and to help each other meet the challenges within our USDA Child Nutrition and Food Distribution Programs.

Some of the bigger items from this conference:

- School Nutrition Programs will see regulatory updates to allow flexibilities that were previously handled by waivers go into **effect permanently on July 1, 2019**. Flexibilities include reducing the whole grain rich requirement back to half of the grains served over the week, without a waiver. Low fat (1%) flavored milk is allowed, without a waiver. Sodium target 1 remains in effect for several more years, until June 2024. This work reduction and meal pattern flexibility tells me that the USDA is listening to our feedback.
- We heard that the final rule on the **Professional Standard requirements** in School Nutrition Programs will include many of the flexibilities discussed in the proposed regulations.
- The **Office of Inspector General (OIG) conducted a USDA Child Nutrition Program** review and found several issues with many flexibilities allowed within the Summer Food Service Program. OIG also found issues with how some states document corrective action within the administrative review. Just like a review at your local agency or our CANS office, anytime there is a finding of noncompliance, changes must be made to return to the program back into compliance. These OIG findings could result in additional restrictions within the program that come in the next months and years. CANS has already addressed the SFSP concern by submitting several waivers on behalf of our local agencies to request a return of those lost flexibilities in SD.

From all of us in Child & Adult Nutrition Services. We appreciate the work you do to help feed hungry seniors, adults, and children in South Dakota. May this holiday season end the present year on a cheerful note and make way for a fresh and bright New Year. Here's wishing you happy holidays!

-Cheriee Watterson

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South Dakota Sponsor Spotlight!

Is your school or agency is doing anything unique and interesting in your programs that you would like to share!? Do you want to be featured in our South Dakota Sponsor Spotlight segment!? Submit any pictures along with a summary of the exciting events that you're doing to DOE.SchoolLunch@state.sd.us.

Wall School District Implements Beef to School

"The Cattle Business Weekly" featured an article about the Wall School District. Starting in January, they will be incorporating locally raised beef into their school lunches. You can check out there article here: <https://cattlebusinessweekly.com/Content/Default/Rotator/Article/Wall-SD-school-to-begin-new-year-serving-local-beef/-3/463/10259>. They have put in a lot of hard work and collaborated with various agencies to make this happen! They also plan to bring in local ranchers and farmers to talk to the students and so that they can get to know the people who are raising their food.

CANS Welcomes Jennie Halajian

Hello! My name is Jennie Halajian. I will be working at CANS as a Program Specialist. I grew up in Huron. I attended SDSU (where I met my husband) and graduated from LATI with a degree in Medical Lab Technology. I have worked for state government for almost 2 years and I am very excited to be a part of the CANS team.

CANS Welcomes Andrea Krueger

Hello! My name is Andrea Krueger and I am a new Child Nutrition Program Specialist. I grew up on a farm and ranch in central North Dakota and attended North Dakota State University graduating with a degree in Food and Nutrition and a minor in Chemistry. After graduation, I moved to South Carolina and then to South Dakota and was a stay-at-home mom until my kids were of school age. I have experience as a Nutrition Specialist for the Head Start/Early Head Start program in Pierre, and also as the Food and Nutrition Services Manager at Avera St. Mary's. I recently went back to school and got my certification as a Dietary Manager and Food Protection Professional. I currently live in Onida with my 3 kids, ages 20, 17, and 11. I have a passion for music and also teach lessons and accompany many individuals and groups in the area. I am very excited to have joined the CANS team!

CANS Welcomes Quanna Keyser

Quanna Keyser here, but if that seem a mouthful, I answer to a simple Q as well. I was born and raised in Blunt, SD, acquired a K-12 Music Education degree from Northern, and immediately traveled to Alaska to ply the trade; however, I ended up in a coal mine for 19 years! After three decades of being cold, I returned to the warmth of South Dakota. For 6 years I helped feed wild birds by working in a bird feed factory, and now as a member of the CANS team am happy to help feed our South Dakota children.

Check in With CANS Monthly Conference Call

SY 18-19 Dates

Mark your calendar!! Check in with CANS is a monthly conference call scheduled for the first Thursday each month. This call is open to all agencies on the Child Nutrition Programs and the Food Distribution Program in schools. Each call will start with a report from CANS with hot topics, new guidance or program clarifications, and reminders of upcoming dates. There will also be time scheduled during each call for participants to ask questions.

Check in with CANS is scheduled on the first Thursday of each month starting at **2:30 pm CT / 1:30 pm MT**. Calls are scheduled for:

- January 3rd
- February 7th
- March 7th
- April 4th
- May 2nd
- June 6th (*tentative*)

To join the conference call, **dial 1-866-410-8397 and enter code: 6507733610**. If you have trouble joining the conference call, or have additional questions, call the CANS office at 605-773-3413. Feel free to send in questions ahead of the call to DOE.SchoolLunch@state.sd.us please reference "Conference Call Question" in the subject line.

Shortly before the call, an agenda will be posted to the CANS website main page, <http://doe.sd.gov/cans/index.aspx>, under *Check in With CANS*. Shortly after the call is complete, the call minutes will replace the agenda with additional information. Please mark your calendar for these dates and join us!

Local Agency Procurement Support (LAPS)

So, do you have “Oh So Many Questions!!!” about Procurement? Why not network with other agencies and CANS to get those questions answered? Starting on **November 14** at **2 pm Central time** we will begin having monthly procurement calls on a variety of topics. They will continue to be held on the second Tuesday of each month unless otherwise notified.

- January 9 – Micro Purchases
- February 13 - Informal Procurement
- March 13 - Formal Procurement

The call-in number is **1-866-410-8397** and the conference code is **3490506657**. Email reminders will be sent out to Food Service Directors and Business Managers the week before the call. Please mark this on your calendars and have your questions ready. If you have any procurement topics you would like to have addressed, please email or give me a call.

Gerianne.Headrick@state.sd.us or 605-773-4718

Equipment Grants

Equipment grants are now available! You can find the equipment grant application on the [CANS NSLP](#) website under “Equipment Grants”.

- Applications were due November 9, 2018. **The deadline has been extended to December 21st.**
- Grants to qualifying SFAs will be announced no later than January 2019.
- Grant funds should be obligated by June 30, 2019, if there are concerns with this time frame please contact the CANS office.
- Any funds not used must be returned to the State Agency prior to September 30, 2019.
- Grant recipients should fully expend their NSLP equipment assistance grants by September 30, 2019.
- Contact the CANS office if timelines are a concern.
- Priority must be given to schools with 50% or more of the enrolled students eligible for free and reduced priced meals (based on October 2017 data).

SNA University Trainings—Save the Date

University Training Save the Dates!

These trainings have taken the place of what used to be chapter meetings. Anyone from any region can attend any of these trainings. Registration will be sent out couple months prior to each training.

FREE for SNA Members!

Southeast Region | Sioux Falls
January 28-29 Industry Conference

West Region | Rapid City
February 15 | Conflict, Reimbursable Meals,
Food Safety, Chef Training

Central | Pierre
March 30 | New Managers Training

Northeast | Aberdeen
April 6 | Reimbursable Meals, Utilizing
Cafeteria as the Classroom

SNA Industry Conference Registration

The School Nutrition Association of South Dakota has released the registration for their Industry Conference and Sip & Stroll Event. They have a great line up with many great partners to provide you an awesome training. They hope you will join them! [Click here for registration](#)

Below are some details about the conference:

- Registration deadline is January 11th
- You may pay with credit card or check
- Conference runs afternoon of the 28th and ends before lunch on 29th
- Hotel accommodations are listed in registration link

Food Service Management Company Training

Hiring a Food Service Management Company (Thursday, January 10th, 2019)

- **8am – 12pm Central:** If you are interested in learning more about the process of hiring a FSMC this training is for you. There are many factors to consider when making this important decision for your agency. The required processes will be covered as well.
- **1pm – 5pm Central:** This part of the day will cover the State Agencies Request for Proposal Prototype with a goal of having it completed by the end of the day. We will also address any specific questions and challenges.

Location: Pierre – exact location yet to be determined

- Register using this link: <https://www.surveymonkey.com/r/9H7VJFV>
- The deadline to register is December 28th

Final Rule Child Nutrition Programs: Flexibilities for Milk, Whole Grains, and Sodium Requirements

On December 7th, USDA released the final rule regarding flexibilities that were introduced in May 2017 by Agriculture Secretary Sonny Perdue. The final rule reduces the whole grain rich requirement back to half of the grains served over the week, without needing a waiver, sodium target 1 will remain in effect until June 2024, and flavored low-fat (1%) milk is allowed without a waiver. **These flexibilities will not go into effect until July 1, 2019** so SFAs (School Food Authorities) should continue business as usual for the remainder of the school year but can plan on implementing these flexibilities for school year 2019-20 if your SFA chooses to do so.

National School Breakfast Week Contest

The USDA Mountain Plains Regional Office (MPRO) has given the CANS office a giant salad spinner to give away to one of our SFAs! To give away this salad spinner, we are going to be holding a contest to encourage SFAs and individual schools to celebrate National School Breakfast Week (NSBW).

How the contest will work:

1. Come up with a plan for how to celebrate National School Breakfast Week (March 4-8, 2019)
2. Carry out the plan that was set in place
3. Take pictures of the various ways that you celebrate NSBW
4. Submit your pictures and a detailed description of your celebrations no later than March 22nd to this survey monkey link: <https://www.surveymonkey.com/r/96M5KL8>

After the deadline, the submissions will be reviewed and one lucky winner will be chosen to win the salad spinner! The salad spinner is approximately 5 gallons and can hold 6-8 heads of lettuce!

Any questions can be directed to the DOE.SchoolLunch@state.sd.us email address.



New Unpaid Meal Charges Resources From USDA

USDA's Food and Nutrition Service has released several new unpaid meal charges resources for School Food Authorities (SFAs).

- [Local Charge Policy Training Template](#): An adaptable presentation SFAs can use to develop a training for school and district staff members responsible for enforcing the local charge policy.
- [Unpaid Meals Fact Sheets](#): Three fact sheets providing an overview of unpaid meal charges and strategies SFAs can use to prevent "school lunch shaming."
- [Unpaid Meal Charges Talking Points](#): Sample talking points school officials can use as a starting point to address questions about unpaid meal charges.
- [Excess Balance Donation Letter](#): An adaptable letter and donation form that SFAs can use to encourage families to donate any balances remaining in their account at the end of the school year.

These resources are designed to support SFAs in their efforts to find workable solutions to the challenge of unpaid meal charges and ensure children continue to have access to the wholesome and nutritious meals.

Check out the [USDA Unpaid Meal Charges page](#) for additional information, including guidance, various fact sheets, handbooks and guides, presentations, and optional development checklists.

Pick It! Try It! Like It!

Pears are December's Pick it! Try it! Like it! Asian pears were cultivated in China as early as 1134 B.c. and there are over 3000 varieties grown around the world! The first pear tree planted in North American was in 1620 in the Massachusetts Bay colony. Today most pears sold in the US are grown on the west coast in Washington, Oregon, and Northern California. For a fact sheet, recipe card, and sampling instructions for Broiled Pears please visit <http://igrow.org/up/resources/04-5027-2013.pdf> and an instructional YouTube video can be found here: https://www.youtube.com/watch?v=IAc5U5UHjBs&t=0s&index=20&list=PLlIdDb7IZYqIWyg_nH3tCtQgNv0DcsstO



Pick it! Try it! Like it!

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2019 Pick It! Try It! Like It! of the month

Items with the asterisk are indigenous to South Dakota and will include a translation and Dakota perspective that has been provided by a member of Hunkpati Dakota.

- January - Potato - *Bdo or Mdo (Wild Potato)
- February - Apple
- March - Cauliflower
- April - Strawberry
- May - Bell Pepper
- June - Cherry
- July - Spinach
- August - Wild Choke Cherries - *Can-pa
- September - Tomatillo
- October - Grapes - *Canwi yape' (Wild Grapes)
- November - Squash - *Wagmu
- December - Pumpkin

2018-2019 Team Nutrition Webinar Series

Join us on the **2nd Thursday** of every month at **2:30 PM** (CST) for our 2018-2019 Team Nutrition webinar series. SDSU Extension Family and Community Health Field Specialist, Francesca Benson (previously Willard), will be conducting this monthly webinar series over the course of the next 6 months. Tune in to learn more about what Team Nutrition has to offer, grant-specific topics, tips on applying for grants, and much more! Learn and understand more about Team Nutrition and be able to ask Francesca about any specific questions you may have! See below for tentative dates and topics for the 6-month webinar series!

- December 13th – Tips for Applying for Grants
- January 10th – Farm to School
- February 14th – Fuel Up to Play 60
- March 14th – Team Nutrition Resources

If you would like to be included on the listserv for reminder emails and links to upcoming webinars email Francesca at Francesca.Benson@sdstate.edu.

Visual Fruit and Vegetable Portion Size Guide



½ cup

Our office has recently created documents to make visually measuring portion sizes easier for your point of service staff members. There are two different documents that help identify both fruit and vegetable portion sizes in 1/4 cup, 1/2 cup and 3/4 cup quantities. The documents can be found on our website at <https://doe.sd.gov/cans/nslp.aspx> and are located under the School Meal Programs Resources tab under the subheading of National School Lunch / Breakfast Programs (NSLP/ SBP). You can also access the [Vegetables Guide Here](#) and then [Fruits Guide Here](#). These resources can be printed out and easily placed by the point of service or even by the serving line!

2019 USDA Show Us Your Tray Photo Contest

Do you have a signature dish using USDA Foods? Are you willing to share a photo of it? If so, the **USDA Show Us Your Tray Photo Contest** is for you!

The USDA is requesting photos that showcase how schools use only USDA Foods in their school meals. Visit <https://www.fns.usda.gov/fdd/2019-show-us-your-tray-photo-contest> for more information. The contest begins November 1st, 2018 and ends January 15th, 2019. All entries should be emailed to USDA Foods at USDAFoods@fns.usd.gov.

The Child and Adult Nutrition Services office would like to see your creations as well! Please send a copy of your submissions to DOE.SchoolLunch@state.sd.us.



Building for the Future with CACFP

Mealtime Memos for Child Care

The November 2018 issue of *Mealtime Memo for Child Care*, the monthly newsletter that includes menus, recipes, and activities related to child care, is now online at <https://theicn.org/icn-resources-a-z/mealtime-memo/>. The November 2018 issue is titled **Strong Bones**.

Summer Meals - Changes Due to USDA Policy Memo SFSP01-2019

The [Summer Food Service Program Memoranda Rescission](#) provides guidance to the State Agency and program operators on the status of nationwide waivers of statutory and regulatory requirements in SFSP. The USDA Office of Inspector General conducted a review of the Food and Nutrition Service's controls over SFSP and determined there were nationwide waivers put in place that were not in the best interest of the SFSP. FNS will identify those flexibilities and policies that should be incorporated in the SFSP regulations through notice and comment rulemaking. In the interim, to strengthen integrity in the SFSP regulations, FNS rescinded the waivers specified in the memorandum on October 11, 2019. The FNS recognizes that the rescinded waivers benefited State Agencies and SFSP sponsors by helping them efficiently operate the SFSP. The South Dakota Department of Education determined that waiving these statutory and regulatory requirements would benefit SFSP in South Dakota. The state is following the Child Nutrition Program Waiver Request Guidance and Protocol Revised SFSP 05-2018 to submit a waiver for our state for most of the waivers that were rescinded. This is in progress and has delayed sending out the revised SFSP Permanent Agreements that need to be signed. Thank you to all SFSP sponsors who have sent in responses to the data request regarding the SFSP Memoranda Rescission.

The SFSP waivers are available to the public at <https://doe.sd.gov/cans/index.aspx> under Announcements.

Data requests for the summer 2019 plans will be made in late December/early January as the Child and Adult Nutrition Services must submit a summer meals strategic plan in January. If you are a prior sponsor, you will be getting an email but if you are a potential sponsor and exploring the opportunity, please contact our office so you can be included. Contact [Julie McCord](#) for more information.

The Summer Meals Newsletter will continue through the winter months. It is located on the [SD DOE Summer Food Service Program](#) website under the gray title bar SFSP Sponsor Newsletter. This is a great resource from the national office and has information on webinars and calls that are optional for you to participate in; yet, could aid in the expansion of your summer meals program.

Updated Policies

Some policies have multiple numbers. That means those apply to multiple programs.

Child & Adult Care Food Program

One new policy has been issued for Child & Adult Care Food Program since the last bulletin. Current policies can be found at <http://www.fns.usda.gov/cacfp/policy> (CACFP memos).

Date	Document #	Title
12/04/2018	SP08 CACFP02 SFSP02 -2019	Update of Food Crediting in the Child Nutrition Programs

School Nutrition Programs (SP Memos)

Policies that apply to school operation and administration can be found at <http://www.fns.usda.gov/school-meals/policy>. **Three** new policies have been issued since the last bulletin.

Date	Document #	Title
12/04/2018	SP08 CACFP02 SFSP02 -2019	Update of Food Crediting in the Child Nutrition Programs
11/30/2018	SP07-2019	Clarifications for Fiscal Action for Administrative Reviews in School Year 2018-2019
11/14/2018	SP03-2019	National School Lunch Program and School Breakfast Program: Questions and Answers for Charter Schools

One final rule has been published in the Federal Register and can be found here: <https://www.fns.usda.gov/school-meals/federal-register-documents>

Date	Title
12/12/2018	Final Rule: Child Nutrition Program Flexibilities for Milk, Whole Grains, and Sodium Requirements

Summer Food Service Program

One new policy has been issued for Summer Food Service Program. Policies can be found at <http://www.fns.usda.gov/sfsp/policy>.

Date	Document #	Title
12/04/2018	SP08 CACFP02 SFSP02 -2019	Update of Food Crediting in the Child Nutrition Programs

Food Distribution

No new policies have been issued for food distribution programs since the last bulletin. Food Distribution policies can be found at <http://www.fns.usda.gov/fdd/policy>.

Contact CANS

For any questions, comments, or concerns

Email: DOE.SchoolLunch@state.sd.us

Phone: (605) 773-3413

Fax: (605) 773-6846

This institution is an equal opportunity provider.

Professional Standards Reminder: Any learning or training you receive about any aspect of the School Nutrition Programs can be counted as training time towards the professional standards annual training requirement. Reading the bulletin each month does count towards training hours.

Please retain documentation to show what topics were trained. For example, agenda, topics, handbook, certificate, etc. And record training on a Tracking Tool – we suggest using the [SD Tracker Tool](#) posted on the CANS NSLP website.

To credit training hours for time spent reading the Nutrition Bulletin, you will need to keep track of the time you spent reading and determine the applicable training codes. Appropriate documentation for this would be a copy of the bulletin signed and dated with the amount of time written on it.