



# USING LITERATURE TO CULTIVATE A WELL-ROUNDED EDUCATION

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# Types of Bibliotherapy

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- **Clinical bibliotherapy and bibliocounselling:**  
Skilled practitioners use therapeutic methods to help individuals experiencing serious emotional problems.
- **Developmental bibliotherapy:**  
Classroom teachers help 'normal' students in their general health and development; focuses on helping teachers identify students' concerns before problems arise and guide them through predictable stages of adolescence they are equipped with some knowledge of what to expect and examples of how other teenagers have dealt with the same concerns



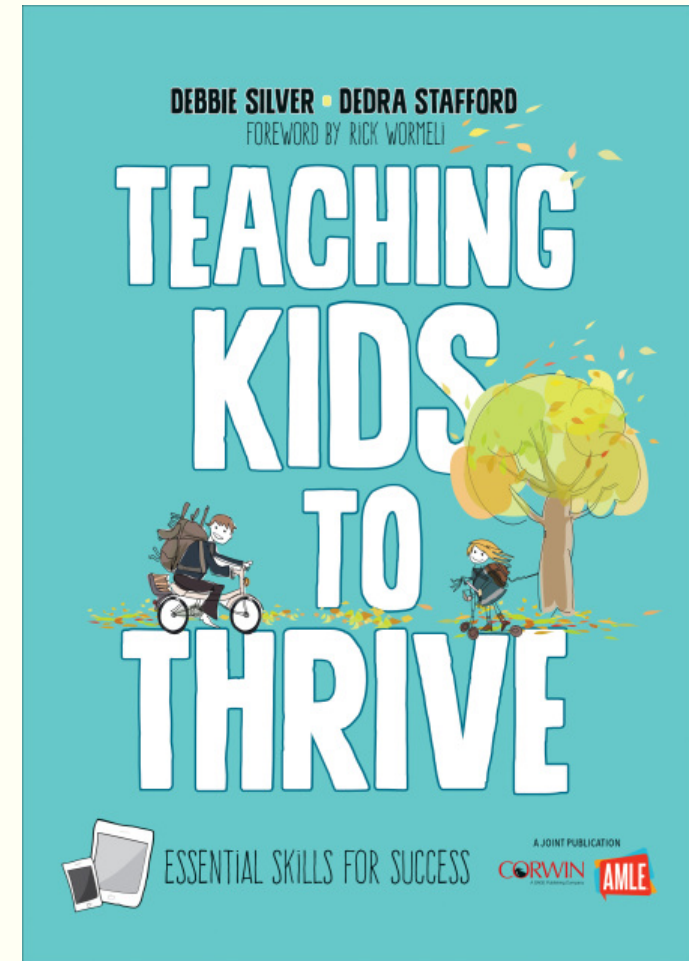
# Integrating Social and Emotional Learning

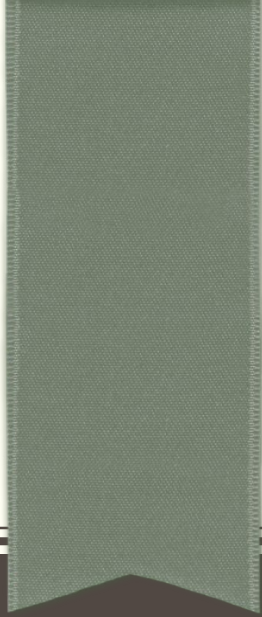
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“The focus on a one-time winner takes-all test environment often leads to feelings of entitlement (for those who measure up) or learned helplessness (for those who don’t).

We wonder if our educational system is taking the necessary proactive steps to help students wrestle with their current and future struggles. We question if our high-stakes, instant-accountability model truly serves their best interests not only for surviving in schools but for **THRIVING** in an increasingly ambiguous world.”

Debbie Sliver –Dedra Stafford





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# ANTI-BIAS EDUCATION

Books Matter

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# Book of the Month

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- Collection of featured books from Books Matter
- Lesson Plans
- Tools and Strategies
- Early Childhood FAQs
- Educator Discussion Guide
- Parent/Family Discussion Guide



# Muslim Women- Hijab

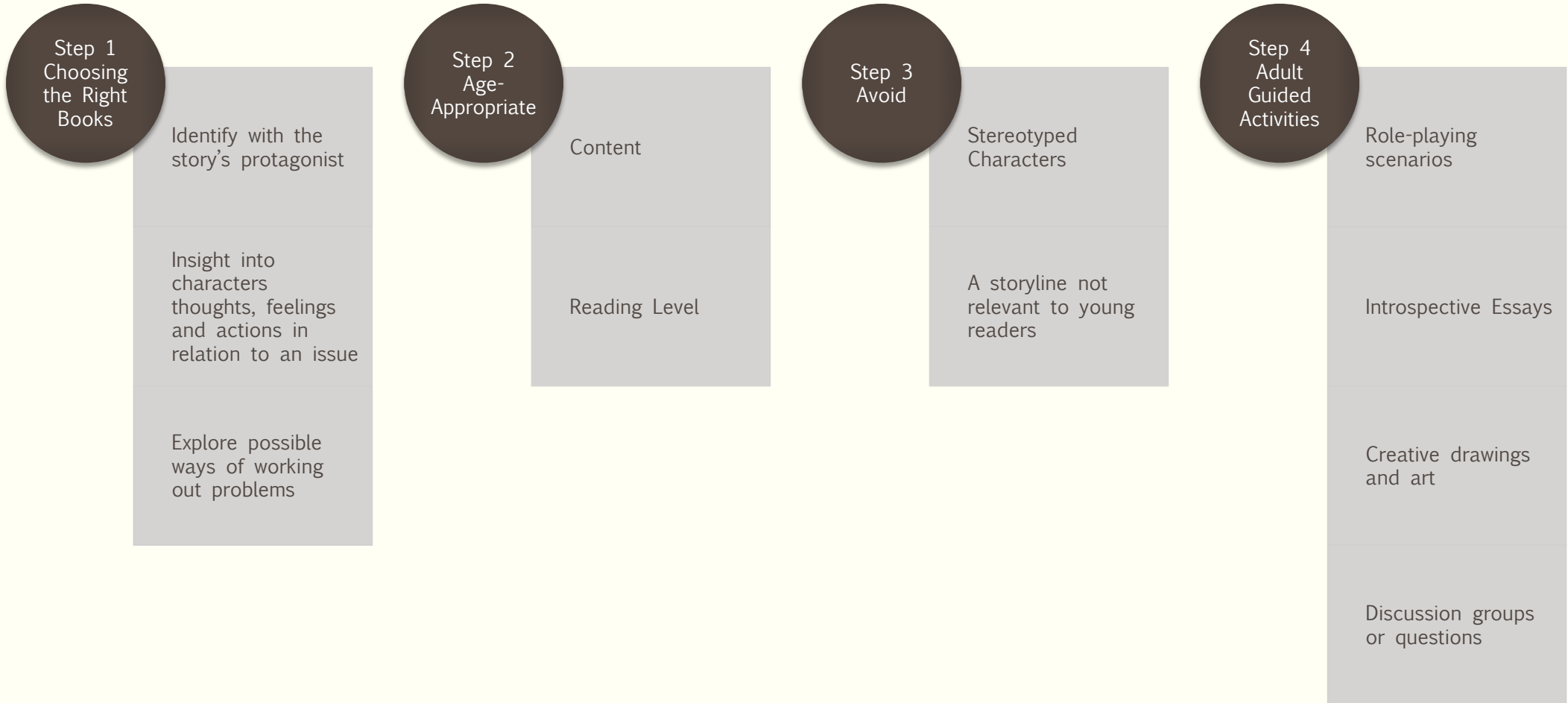
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On World Hijab Day, Muslim women tell us what hijab means to them, along with all the fun and challenges it brings.

# Turning Stories into Teachable Moments

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# ARE YOU READY FOR A TEACHABLE MOMENT?

Thank you Capstone Publishing for donating books for this activity and promoting **READING IS FOR EVERYONE!**

# 7 Character Strengths

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1. Empathy & Compassion
2. Integrity & Self-Control
3. Courage & Perseverance
4. Humility & Gratitude
5. Teamwork & Communication
6. Curiosity & Discovery
7. Identity & Self-Awareness



# Resources

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- [Bibliotherapy: Healing and Growing with Literature](#)
- [Teaching Kids to Thrive](#)
- [TIE Reads](#)
- [Common Sense Media](#)
- [On My Own Two Feet](#)
- [Understood](#)
- [SEL Books & Resources](#)
- [Books Matter – Book of the Month](#)

# FINAL THOUGHTS!

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A nation  
becomes what  
its young  
people read in  
their youth.

— James A.  
Michener

Tyrants were aware of how empowering a well rounded literary diet is for the body politic, especially for the youth, whose social consciousness is forming. Control information.. control education..control ideas..control the people..... Let that sink in a little while

## did you know?

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Reading literary fiction can help people understand others' mental states, a crucial skill in developing relationships. Kidd & Castano, 2013



edutopia